

# How to get the best from teams

Using Belbin's Team Role Model

### **An Unbalanced Team**

- lack of trust and cooperation
- tasks are incomplete
- a lack of flexibility so things get dropped
- time wasted dealing with conflict and politics
- missed deadlines and milestones ignored



### **Team Roles**

A team role is "a tendency to behave, contribute and interrelate with others in a certain way"

### **Basic Maxims**

Individuals are seldom good at everything

Out-going Organised Motivating

Creative Hard-driving Objective

Diplomatic Meticulous Knowledgeable

But...

### **Basic Maxims**

.... Individuals usually have a lot more to contribute than their particular profession or experience suggests

At work we have two roles:

- 1. Functional = acquired knowledge, professional experience
- 2. Team = personal characteristics, ability to relate to others, competency

### **Team Roles**

The effectiveness of a team will depend on the extent to which members correctly recognize and adjust to the relative strengths within the team

- Belbin identified 9 such roles based on observed behaviour and interpersonal styles
- Most people have 2 or 3 preferred roles
- Each type has a typical behavioural strength and a characteristic weakness

## Warning

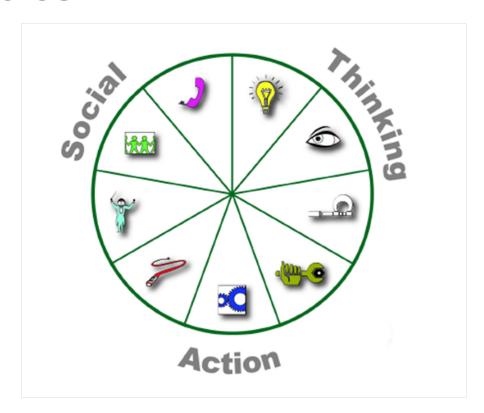
People will behave differently in different teams or when the nature of the work differs

Team roles are not equivalent to personality types

Balance conclusions with common sense



## **Team Roles**

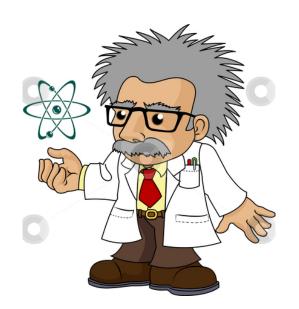


## Plant - Thinking

- Creative & imaginative
- Unorthodox
- Generator of ideas
- Free thinking
- Solves difficult problems

#### Acceptable weakness

- Too preoccupied to communicate effectively
- Ignores detail
- Neglects practical matters



- Strong ownership of idea when co-operation would yield better results
- Looking down on others

## Monitor Evaluator - Thinking

- Cool, strategic & discerning
- The analyser of problems
- Fair and logical
- Sees all the options and judges accurately

#### Acceptable weakness

- Can be overly critical lacking in tact
- "These are the facts"
- Inability to inspire others



#### Unacceptable weakness

 Constant harsh criticism regardless of other's feelings

## Specialist - Thinking

- The Expert
- Single minded, self starting, dedicated
- Provides knowledge and skills in short supply

#### Acceptable weakness

- Contributes only on a narrow front
  little concern for how the ideas
  link to big picture
- Dwells on technicalities



- Refusing to get involved in broader team issues
- "Not my problem" syndrome

## Resource Investigator - Social

- Extrovert, enthusiastic & Communicative
- Creative negotiator
- Explores new opportunities & develops contacts - excellent networker



- Can loose interest once initial enthusiasm has passed
- Overly optimistic



#### Unacceptable weakness

 Letting down colleagues/clients by neglecting to make follow-up arrangements

### Co-ordinator - Social

- Mature, confident, trusting
- Team controller
- Identifies Talent
- Clarifies goals, promotes decisions
- Delegates effectively

#### Acceptable weakness

- Can be perceived as manipulative
- Offloads work leaving nothing but delegation as a contribution
- Inclination to be lazy



#### Unacceptable weakness

 Takes personal credit for the effort of the team

### Teamworker - Social

- Co-operative, perceptive & diplomatic
- Listens and builds understanding
- Focuses on harmony and defuses conflict

#### Acceptable weakness

- Can be indecisive
- Avoid confrontation unwilling to take sides
- Easily influenced



- Avoids situations that involve pressure
- Never giving their opinion

## Shaper - Action

- Task focused leader with boundless energy
- Challenging, dynamic, thrive under pressure
- Have drive and courage to overcome obstacles



#### Acceptable weakness

- Prone to provoke and offend
- Prone to frustration and irritation

- Consistently trampling on people's feelings
- Inability to recover situation with good humour or apology

## Implementer - Action

- Disciplined, reliable, conservative and efficient
- Turn ideas into practical actions
- Effective organiser
- Motivated by loyalty to the team goal often take on jobs that others avoid/dislike



#### Acceptable weakness

- Somewhat inflexible
- Stick to proven and reliable

- Obstruct change
- Unwilling to adapt to changing circumstances

## Completer Finisher - Action

- Painstaking & conscientious
- Perfectionist goes the extra mile to ensure everything is right
- Rarely needs encouragement self-motivated by own high standards
- Guarantees delivery on time

#### Acceptable weakness

- Inclined to worry unduly over small details
- Reluctant to delegate "you wont do it the right (my) way"



- Focus on detail can de-motivate
- Rushing through the planning stage of a project

### **Practical work**

- Post-it notes of a unique colour
- Think of a current project that you have been working on for 2-4 months with approx 4-6 participants
- Place a post-it on each of the roles you think the participants contribute at the moment

 Now think about what role they could be doing to improve the performance of the team

## **Practical work**



- Take post-it notes of a unique colour write each phase as you contribute
- New project develop a Youth Foundation to pioneer social change
  - Phase 1
    - Identify goals & generate ideas
  - Phase 2
    - Create plans & develop contacts
  - Phase 3
    - Organize & follow through

### **Team Roles**

#### Project Life Cycle

- 1. Phase 1 Identify goals
  - a. Shaper
  - b. Co-ordinator
- 2. Phase 1 Generate ideas
  - a. Plant
  - b. Resource Investigator
- 3. Phase 2 Create plans
  - a. Monitor/Evaluator
  - b. Specialist
- 4. Phase 2 Develop contacts
  - a. Resource Investigator
  - b. Teamworker
- 5. Phase 3 Organize
  - a. Implementer
  - b. Co-ordinator
- 6. Phase 3 Follow through
  - a. Completer Finisher
  - b. Implementer

## **Personality & Belbin**

Myers Briggs Type Indicator

4 preference pairs

- Extraversion & Introversion
  - How we get our energy
- Sensing & Intuition
  - How we gather information
- Thinking & Feeling
  - How we make decisions
- Judging & Perceiving
  - How we view the world around us

### **MBTI**

- 16 Preference pairs
  - Plants INTJ/INFJ
  - Resource Investigators ENFP/ENTP
  - Shapers ESTP/ESFP
  - Completer Finishers ISTJ/ISFJ
  - Monitor Evaluators INTP/ISTP
  - Implementers ESTJ/ENTJ
  - Co-ordinators ENFJ/ESFJ